



American Indian Cultural District Community Visions Gathering Five: Health & Wellness Survey

About Survey: Community Visions Focus Group Five is focused on gathering community feedback to identify what resources, support, programs, events, and spaces we need to prioritize to support the Health and Wellness of our local American Indian/Alaskan Native community.

1. What city/zip do you live in?

San Francisco, zip code: _____

Other city name, zip code: _____

2. Do you identify as American Indian/Alaskan Native/Native American?

Yes _____

No _____

3. What brought you to San Francisco? Select all that apply.

I was born and/or raised here

I was part of American Indian relocation

I moved here looking for a job and/or other opportunities

I do not live in San Francisco

Other: _____

4. If you live in San Francisco, how many years have you lived here? _____

5. If you do not currently live in San Francisco, would you like to live in San Francisco?

Yes, I would like to live in San Francisco

No, I do not wish to live in San Francisco

Events & Programs, Spaces, Resources & Support:

1. **Events & Programs:** To support Native health & wellness, what type of programs, gatherings, activities, and/or events would you like to see? (Mental, Physical, Spiritual, Emotional)
(Examples: GONA, Women's Healing Conference, medicine gathering + gardening, etc)

2. **Spaces:** What types of spaces would be helpful to support Native health and wellness? (examples: buildings, centers, open outdoor or indoor spaces, etc.)
(Examples: recreational centers, ceremonial space, wellness centers)

3. **Resources & Support:** What type of resources, classes, or development tools would be helpful to support your health and well-being? (Mental, Physical, Spiritual, Emotional)
(Example: early - elders programming)

4. **Health & Wellness Visibility:** What types of culturally-based health & wellness messages and/or themes would you like to see more of in the Cultural District? (Mental, Physical, Spiritual, Emotional)

Personal & Community Wellness:

1. **Personal:** What does health and wellness mean to you?

2. **Personal:** What are some ways that you keep yourself healthy and well? What motivates you to maintain a healthy lifestyle?

3. **Personal:** What are the barriers to health and wellness access? Are there things that prevent you from maintaining a healthy lifestyle?

4. **Community:** What are some sources of strength and resiliency you see in our community? What keeps you connected to your community and culture?

5. **General:** Please share some health & wellness topics you would like to see addressed (Mental, Physical, Spiritual, Emotional).

Optional Demographic Questions

Please select your age range:

- | | |
|-----------------------------------|--------------------------------|
| <input type="checkbox"/> Under 12 | <input type="checkbox"/> 45-54 |
| <input type="checkbox"/> 12-17 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 65-74 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 75-84 |
| <input type="checkbox"/> 35-44 | <input type="checkbox"/> 85+ |

Please indicate how you identify:

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Male | <input type="checkbox"/> Prefer Not to Answer |
| <input type="checkbox"/> Female | <input type="checkbox"/> Other |
| <input type="checkbox"/> Nonbinary | |

Do you identify as lesbian, gay, bisexual, pansexual, or queer?

- | | |
|------------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | <input type="checkbox"/> Prefer Not to Answer |

What is your annual income range?

- \$0 – \$15,000
- \$15,001 – \$50,000
- \$50,001 – \$75,000
- \$75,001 – \$95,000
- \$95,001 – \$150,000
- Over \$150,000

How many people are in your household?

- 1
- 2
- 3
- 4+